

Windsor Jr. / Sr. High School Lunch Menu

SEPTEMBER 2019

| <i>MONDAY</i> | <i>TUESDAY</i> | <i>WEDNESDAY</i> | <i>THURSDAY</i> | <i>FRIDAY</i> |
|---|--|---|---|--|
| 2 LABOR DAY NO SCHOOL! | 3 PBJ or: Corn Dog Chips Fresh Veggies w/Dip Pears | 4 PBJ or: Meatball Sub Marinara Sauce Green Beans Peaches | 5 PBJ or: Pulled Pork Nachos Corn, Peas Lettuce, Tomato Applesauce | 6 Loaded Baked Potato Or PBJ: Cheese Quesadilla Scoops w/Salsa Refried Beans Fresh Fruit |
| 9 PBJ or: Chicken/Bacon Ranch Wrap Lettuce Tomato Mandarin Oranges | 10 Chef Salad or PBJ Or: Salisbury Steak Roll w/Butter Mashed Potatoes Gravy Peas Peaches | 11 Chef Salad or PBJ Or: 2 Chili Crispitos Scoops, Salsa Refried Beans Corn Pears | 12 PBJ or: Grilled Chicken Patty on Bun Chips Cottage Cheese Pineapple Tidbits | 13 Fish Sticks or PBJ Or: Bosco Sticks Marinara Sauce Green Beans Fresh Veggies w/Dip Fresh Fruit |
| 16 PBJ or: Popcorn Chicken WG Roll & Butter Peas & Carrots Mixed Fruit | 17 Chef Salad or PBJ Or: Spaghetti w/Meat Sauce Garlic Bread Stick Green Beans Pears | 18 Chef Salad or PBJ Or: Hamburger Horseshoe Corn, Peas Applesauce | 19 PBJ or: Hot Dog/Chili Dog Baked Beans Chips Coleslaw Peaches | 20 Loaded Baked Potato Or PBJ: Pepperoni Stuffed Crust Pizza Side Salad Fresh Veggies w/Dip Fresh Fruit |
| 23 PBJ or: 2 Soft Shell Tacos Refried Beans Lettuce, Tomato Scoops, Salsa Tropical Fruit | 24 Chef Salad or PBJ Or: Chicken Fried Steak WG Roll & Butter Mashed Potatoes Gravy Corn Mandarin Oranges | 25 Chef Salad or PBJ Or: BBQ Riblet on Bun Baked Beans Cole Slaw Apple Crisp Ice cream Cup | 26 PBJ: Ham/Turkey & Cheese Sub Chips Fresh Veggies w/Dip Peaches | 27 Fish Sticks or PBJ Or: Fiestada Pizza Side Salad Fresh Veggies w/Dip Fresh Fruit |
| 30 PBJ or: Cheeseburger or Hamburger on Bun Corn Cottage Cheese Pineapple Tidbits | | | | |

Menu subject to change. All our grain/bread choices are whole grain rich.

