

Windsor Jr. / Sr. High School Lunch Menu

OCTOBER

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1 PBJ or: Bosco Sticks Marinara Sauce Green Beans Pears	2 Fish Sticks, PBJ or: Fiestada Pizza Side Salad Fresh Fruit
5 PBJ or: Chili Crisпитos Tortilla Chips w/Salsa Corn Applesauce	6 Chef Salad, PBJ or: Chicken Patty on Bun French Fries Peas & Carrots Pineapple Tidbits	7 PBJ or: Ravioli w/Meat Sauce Garlic Breadsticks Green Beans Pears	8 PBJ or: BBQ Riblet on Bun Baked Beans Peaches	9 Teacher's Institute No School
12 Columbus Day No School	13 PBJ or: Pulled Pork Nachos Green Beans Peaches	14 Chef Salad, PBJ or: Ham & Cheese Sub Chips Veggies w/Dip Orange Wedges	15 PBJ or: Chicken & Cheese Quesadilla Corn Applesauce	16 Fish Sticks, PBJ or: Fiestada Pizza Side Salad Veggies w/Dip Fresh Fruit Apple Crisp
19 PBJ or: Chicken/Bacon Ranch Wrap Lettuce & Tomato Peaches	20 Chef Salad, PBJ or: Salisbury Steak Roll w/Butter Mashed Potatoes & Gravy Corn Banana	21 Chef Salad, PBJ or: Chili w/Crackers PB Sandwich Carrot Sticks Applesauce	22 PBJ or: Hot Dog or Chili Dog on Bun Chips Baked Beans Pears	23 Fish Sticks, PBJ or: Pepperoni Stuffed Crust Pizza Side Salad Veggies w/Dip Fresh Fruit No-Bake Cookie
26 PBJ or: Loaded Nachos Refried Beans Lettuce & Tomato Mixed Fruit	27 Chef Salad, PBJ or: Meatball Sub Marinara Sauce Green Beans Pineapple Tidbits	28 Chef Salad, PBJ or: Hamburger or Cheeseburger on Bun Chips Cottage Cheese Applesauce	29 PBJ or: Chicken Strips Roll w/Butter Peas & Carrots Peaches	30 Noon Dismissal PBJ or: Corn Dog Fritos Veggies w/Dip Apple

Remember, to complete your meal, you must choose 3-5 items and one must be a fruit or veggie! 2020

