

# Windsor Jr. / Sr. High School Lunch Menu

## SEPTEMBER 2022

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1 PBJ or:  Mini Tacos Chips & Salsa Applesauce	2 PBJ or:  Pepperoni Stuffed Crust Pizza Side Salad Fresh Veggies/Dip Fresh Fruit Chocolate Chip Cookie
5  NO SCHOOL  LABOR DAY	6 PBJ or: Pulled Pork Nachos Green Beans Lettuce, Tomato Pears	7 PBJ or: Cheeseburger or Hamburger on Bun Chips Corn Peaches	8 PBJ or: Chicken Patty on Bun Peas & Carrots Applesauce	9 PBJ or: Pizza Choice Side Salad Fresh Veggies w/Dip Fresh Fruit
12 PBJ or:  Cheese Quesadilla Corn Chips w/ Salsa Applesauce	13 Chef Salad, PBJ or:  Spaghetti w/Meat Sauce Garlic Bread Stick Green Beans Pears	14 Chef Salad, PBJ or:  Ham, Turkey and Cheese Deli Sub Chips Fresh Veggies w/ Dip Fresh Fruit	15 Chef Salad, PBJ or:  Hot Dog/Chili Dog Baked Beans Tater Tots Peaches	16 PBJ or:  Pepperoni Pizza Square Side Salad Fresh Veggies w/Dip Fresh Fruit Brownie w/ Ice Cream
19 PBJ or:  Loaded Nachos Corn Lettuce, Tomato Salsa Pineapple Tidbits	20 Chef Salad, PBJ or:  Bosco Sticks Pizza Sauce Green Beans Applesauce	21 Chef Salad, PBJ or:  BBQ Riblet on Bun Chips Baked Beans Pears	22 Chef Salad, PBJ:  Chicken & Waffles Peas & Carrots Roll w/Butter Peaches	23 PBJ or:  Pizza Choice Side Salad Fresh Veggies w/Dip Fresh Fruit
26 PBJ or:  Chicken Bacon Ranch Wrap Chips Veggies w/ Dip Peaches	27 Chef Salad, PBJ or:  Beef & Cheese Taquito Green Beans Orange Wheels	28 Chef Salad, PBJ or:  Pulled Pork on Bun Tater Tots Peas & Carrots Applesauce	29 Chef Salad, PBJ or:  Meatball Sub Marinara Sauce Corn Pears	30 PBJ or:  Pepperoni Stuffed Crust Pizza Side Salad Fresh Veggies w/ Dip Fresh Fruit P/B Bar

*Menu subject to change. All our grain/bread choices are whole grain rich.*

